

Membership Sample Schedule

With LifeLabs Learning Membership, you get unlimited access to live, interactive workshops with expert facilitators!

	Monday	Tuesday	Wednesday	Thursday	Friday
4am ET		<div style="background-color: #e0f2f1; padding: 5px;"> Leading Change 4am-6am ET </div>			
7am ET	<div style="background-color: #fff9c4; padding: 5px;"> Effective 1-1s 7am-9am ET </div>			<div style="background-color: #e8eaf6; padding: 5px;"> Adaptivity & Resilience 7am-9am ET </div>	
10am ET		<div style="background-color: #fff9c4; padding: 5px;"> Coaching Skills 10am-12am ET </div>	<div style="background-color: #e8eaf6; padding: 5px;"> Feedback Skills 10am-12am ET </div>		<div style="background-color: #fff9c4; padding: 5px;"> Feedback Skills for Managers 10am-12am ET </div>
1pm ET / 10am PT	<div style="background-color: #fff9c4; padding: 5px;"> Group Coaching: Feedback Skills 1am-3pm ET </div> <div style="background-color: #e0f2f1; padding: 5px;"> Skillful Conflict & Collaboration 1pm-3pm ET </div>		<div style="background-color: #fff9c4; padding: 5px;"> Productivity & Prioritization for Managers 1pm-3pm ET </div>	<div style="background-color: #e8eaf6; padding: 5px;"> Behaviors of Inclusion 1pm-3pm ET </div> <div style="background-color: #fff9c4; padding: 5px;"> Effective 1-1s 1pm-3pm ET </div> <div style="background-color: #fff9c4; padding: 5px;"> Effective 1-1s Part 1 1pm-2pm ET </div>	
4pm ET / 1pm PT	<div style="background-color: #e8eaf6; padding: 5px;"> Career Growth 4pm-6pm ET </div> <div style="background-color: #fff9c4; padding: 5px;"> Feedback Skills for Managers 4pm-6pm ET </div> <div style="background-color: #fff9c4; padding: 5px;"> Feedback Skills for Managers Part 1 4pm-6pm ET </div>	<div style="background-color: #fff9c4; padding: 5px;"> Managing Distributed Employees 4pm-6pm ET </div> <div style="background-color: #e0f2f1; padding: 5px;"> Meetings Mastery 4pm-6pm ET </div>	<div style="background-color: #e8eaf6; padding: 5px;"> Influential Communication 4pm-6pm ET </div>	<div style="background-color: #fff9c4; padding: 5px;"> Group Coaching: Coaching Skills 4pm-5pm ET </div>	
4pm PT			<div style="background-color: #e8eaf6; padding: 5px;"> Feedback Skills 4pm-6pm PT </div>		
7pm PT		<div style="background-color: #e8eaf6; padding: 5px;"> Delivery Skills 7pm-9pm PT </div>	<div style="background-color: #fff9c4; padding: 5px;"> Feedback Skills for Managers 7pm-9pm PT </div>		

■ Skill Up tier
 ■ Level Up tier
 ■ Lead Up tier